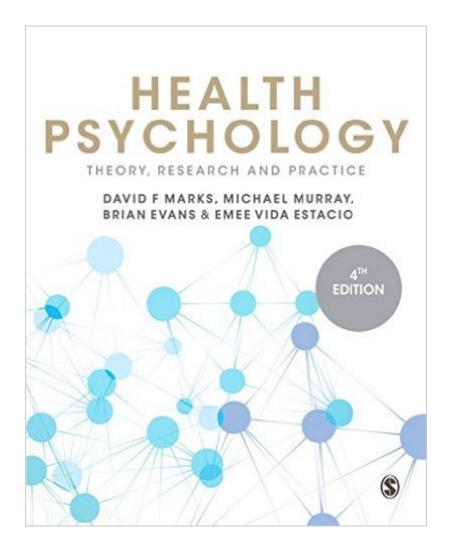
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Health Psychology: Theory, Research And Practice





Synopsis

As a student of Health Psychology you will need to understand how to evaluate and critically-appraise the latest theory and research before it can be applied. This fully-revised and updated fourth edition takes a critical approach and places Health Psychology in a real-world context, enabling you to understand how public policy, theory and research can influence communities and individuals alike. The new edition includes: A new chapter on diet and obesity Updated material on stress and coping, doctor-patient communication, death, dying, bereavement and quality of life Introductions to the social, political and economic conditions that influence our health Breadth of coverage from social inequality through to chronic illness and screening An enhanced SAGE edgeâ,,¢ companion website (edge.sagepub.com/marks4e) with a suite of features to enhance your learning experience.

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